

REGISTER BY EMAILING BETH LATTIME!

LifeCenter Plus members can register beginning on Sunday, December 5th, and nonmembers can register beginning on Sunday, December 12th.

Register through email: ebethann@yahoo.com



5133 Darrow Rd. Hudson, Ohio.
www.lifecenterplus.com

JOIN US IN OUR WIDELY POPULAR GYM BASED PROGRAMS FOR KIDS WITH MILD TO INTENSE DISABILITIES. PEERS WITHOUT DISABILITIES ARE INTEGRATED INTO EVERY GROUP.

\$60 MEMBERS/\$75 NONMEMBERS (4/45 minute gymnasium based classes)

NEW PARENT MEETINGS: Thursdays, December 16th and February 3rd 6:30-8P.M.

Learn to Play! FOR KIDS WITH MODERATE TO INTENSE SPECIAL NEEDS

Get ready for your kids to enjoy activities designed to teach them how to play with their peers. Each class will be small in size and your kids will enjoy activities designed so that they can improve on skills such as: following 1-2 step directions, waiting, taking turns, and learning the importance of teamwork. Peers without disabilities will be taking part in the fun as well as each registered participant. Participants with moderate to intense disabilities are best suited for this class. An Intervention Specialist, with experience in recreational programming for kids, will do assessments prior to each class. Contact Beth Lattime at 330-655-2377 #156 or through email at ebethann@yahoo.com for more details.

SATURDAYS:

SESSION I: FEBRUARY 12, 19, 26 and MARCH 5

SESSION II: APRIL 30, MAY 7, 14, 19

2:00-2:45 P.M.

LEARN TO PLAY! AGES 6-10 (limit 4)

4:00-4:45 P.M.

LEARN TO PLAY! AGES 11-17 (limit 4)

Shout Hooray for Game Play!!! FOR KIDS WITH MILD TO MODERATE NEEDS

Participants will have a blast meeting new friends and playing fun games that are guaranteed to have them smiling for more! Each class is small in size and each activity is designed to help kids understand how fun it can be to interact with each other while playing games. Kids will enjoy taking part in obstacle courses, basic throw and catch games, scavenger hunts, and a variety of relays to name a few. Peers without disabilities will be taking part in the fun as well as each registered participant. An Intervention Specialist, with experience in recreational programming for kids, will do assessments prior to each class. Contact Beth Lattime at 330-655-2377 #156 or through email at ebethann@yahoo.com for more details.

FRIDAYS:

SESSION I: FEBRUARY 11, 18, 25, 4

SESSION II: APRIL 29, MAY 6, 13, 20

5:15-6:00 P.M.

SHOUT HOORAY FOR GAME PLAY!!! AGES 11-17 (limit 6)

6:15-7:00 P.M.

SHOUT HOORAY FOR GAME PLAY!!! AGES 7-10 (limit 6)

SATURDAYS:

SESSION I: FEBRUARY 12, 19, 26 and MARCH 5

SESSION II: APRIL 30, MAY 7, 14, 21

3:00-3:45 P.M.

SHOUT HOORAY FOR GAME PLAY!!! AGES 4-6 (limit 5)



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SPLASH

Swim, Persevere, Learn, Achieve, Have Fun! Swimming Lessons for Kids with Disabilities

Our SPLASH swim lessons are for children and teens with mental and physical disabilities. Each session of SPLASH includes an initial assessment of your child. Lessons are tailored based upon each participant's behavior temperament, age, swim ability, and disability parameters. Data is collected after each lesson with IEP goals considered as well as goals set to reach the greatest success in the sport of swimming.

Learn more about SPLASH and registration for classes by contacting Beth Lattime at 330-655-2377 #156 or email: ebethann@yahoo.com.

PRIVATE SPLASH PROGRAM

Four ½ Hour Private Lessons
Members \$110/ Nonmembers \$125



SESSION I: MONDAYS: JANUARY 10, 17, 24, 31	6:00-8:40P.M.
SESSION II: WEDNESDAYS: JANUARY 12, 19, 26 FEBRUARY 2	5:30-8:40 P.M.
SESSION III: SATURDAYS: JANUARY 8, 15, 22, 29	1:00-6:00 P.M.
SESSION IV: MONDAYS: FEBRUARY 21, 28, MARCH 7, 14	6:00-8:40 P.M.
SESSION V: WEDNESDAYS: FEBRUARY 16, 23, MARCH 2, 9	5:30-8:40 P.M.
SESSION VI: SATURDAYS: APRIL 2, 9, 16, 23	1:00-6:00 P.M.
SESSION VII: WEDNESDAYS: MARCH 30, APRIL 6, 13, 20	5:30-8:40 P.M.
SESSION VIII: THURSDAYS: MARCH 31, APRIL 7, 14, 21, 28	5:30-8:40 P.M.

SPLASH PLUS SWIM TEAM TRAINING ON WEDNESDAYS GROUP SPLASH FITNESS PROGRAM

SESSION I: JANUARY 12-MARCH 16
Members \$125/Nonmembers \$150(10 lessons)
SESSION II: MARCH 30-MAY 25
Members \$112/ Nonmembers \$135(9 LESSONS)
5:00-5:30 P.M. or 5:40-6:10 P.M.
Ten ½ Hour Group Swim Team/Fitness Training
Lessons Held In Lap Pool During Swim Team
(Limit 3 Participants Per ½ Hour)
Participants must be able to swim 50 yards. Ages 8 AND UP
PRE-WATER ASSESSMENT IS REQUIRED FOR REGISTRATION



GROUP SPLASH PROGRAM

Six ½ Hour Group Lessons 1:00-5:00PM
Members \$75/Nonmembers \$90
SESSION I: FEBRUARY 6, 13, 20, 27, MARCH 6, 13
Members \$75/Nonmembers \$90

